

Here are a few helpful recruiting tips and reminders for the WINTER SEASON from Rower's Edge. Please contact us with any questions and for a personalized recruiting plan

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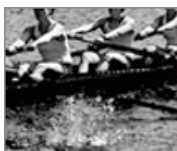
- Be sure to work hard at school and crew. These are your top two priorities. Be sure to eat in a healthy way and get as much sleep as possible.
- Take Winter training seriously. This will be your best preparation for a successful Spring season.
- Study hard for SAT, SATII and ACT tests. Think about how to fit required standardized tests into your schedule.
- Decide whether you will row this summer and in what type of program. Discuss options with your high school coach.
- Take a look at college websites and the athletic pages to start gathering information about various schools and teams.
- Make a list of the names and e-mail addresses of the coaches at the schools in which you are interested.
- Learn about all the admissions options for the school in which you are interested: Early Decision (ED); Early Action (EA); EDI; EDII; Rolling Admission.
- Consider participating in indoor rowing competitions such as Crash-B's or Regional events-college coaches review these results.

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